



Healing Earth Multi-Speciality Ayurveda Hospital

BANGALORE'S MOST TRUSTED AYUSH EMPENELLED AYURVEDA HOSPITAL

HEALING EAGNA

CRASH COURSE FOR
HEALTH PROFESSIONALS &
AYURVEDA ENTHUSIASTS



BE AN

AYURVEDA EXPERT

WITH SKILLED AND SCIENTIFIC

AYURVEDA COURSES

INTRODUCTION

Healing Earth Multi-specialty Ayurveda hospital Perceived in the year 2010, with the specialty

branches of Ayurveda headed by specialized Ayurvedic doctors from all over India which blends with the excellence of service and healing techniques.

Healing Earth is a pioneer in the arena of authentic Ayurveda treatment with a proven track record. A highly motivated and committed team of doctors and therapists ensure the highest levels in the quality of treatment and medicinal preparations.

After propagating a comprehensive and renewed scientific perspective on Ayurveda, for the world to experience. Healing earth introducing "HEALING EAGNA" Crash Ayurveda course for Health professionals and also for the common public who wants to learn the basics of Ayurveda for leading Healthy and Natural life as well as healthy society.

We offer different types of courses from basics of Ayurveda to advanced practical programs for Ayurvedic practitioners. Our Professional courses are designed and developed by our expert doctors according to guidelines given by W.H.O and Ayush, the central body which is controlling and standardizing Ayurvedic practice.

WHY JOIN HEALING EAGNA

Expert lectures	Training material	Multiple courses	Certification
Friendly environment	Course for every one	Practical orientation	

COURSES

1. ADVANCE COURSE OF NUTRITION AND DIET FOR DOCTORS
2. CLINICAL OBG
3. CLINICAL PANCHAKARMA COURSE
4. CERTIFICATE CLINICAL SKILLING COURSE FOR DOCTORS (CCSCD):-
KSHARA SUTRA PRACTICUM COURSE
5. GARBHA SAMSKARA COURSE FOR NEW PARENTS.

COURSE 1 :

ADVANCE COURSE OF NUTRITION AND DIET FOR DOCTORS & HEALTH PROFESSIONALS



Ayurveda is a holistic system of medicine that uses a constitutional model. Its aim is to provide guidance regarding food and lifestyle so that healthy people can stay healthy and individuals with health challenges can improve their health.

Diet and Nutrition is the most important because from proper wholesome and balanced diet all the body constituents- dosha, dhatu and mala are balanced naturally. That is why it is said that Food is a pillar of life. Food is not only essential for our physical wellbeing but it provides nutrition for our mind as well.

This course helps Ayurveda professionals to get in depth of practical application of Ayurveda diet and its basic principles and a clear understanding of the fundamental principles of Ayurvedic Nutrition including the Energetic Principals, Food items and their metabolism. Also it aims in getting expertise in knowing skills of treating the diseases through diet.

Duration Of Course: 3 days (18 hrs)

Timings: 6 hours /day.

Who Can Join? :

Healthcare professionals of Home sciences, Internees of AYUSH, dietitians, dietary assistants,

For More Details, visit our website-www.healingearth.co.in

COURSE 2 :

CLINICAL OBG AND GYNECOLOGY



Ayurveda is the science which deals in complete health care system having traditional system of medicine. Ashtanga Ayurveda deals with 8 branches of Ayurvedic treatment and in that Prasuti tantra, obstetrics and gynecology forms one of the main branches which submerges in Kaumarabhrithya

Ayurveda pronounces the ideal guidelines to be followed during pregnancy. It states the ideal way and the right time for conceiving the baby. It is followed by the mode of life that needs to be observed religiously by the pregnant lady.

This course is meant for those who are willing to practice obstetrics and gynecology in Ayurveda. Our course deals with Sthanika Yoni karmas, uttara basti and other noninvasive procedures done in many gynecological issues in a systematic manner with practical demonstration. Also knowledge is shared regarding Garbha samskara.

Duration of Course: 2 days (12 hrs.)

Timings: 6 hours / day.

METHODOLOGY:

Course is divided into less theoretical classes and more of practical demonstration along with interactive session.

WHO CAN JOIN :

Internees & Healthcare professionals of Ayurveda.

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COURSE 3 :

CLINICAL PANCHAKARMA COURSE:



Ayurveda defines health as 'Swasthya', which can be explained as 'state of balanced metabolism, equilibrium of physiological functions (vata, pitta, kapha), proper production & elimination of waste products, normal functioning of bodily tissues with contentment state of mind, sense & self (consciousness)

The key to prevention of disease & to maintain balance in state of health, Ayurveda emphasizes preventive and healing therapies along with various methods of detoxification and rejuvenation. These therapies are dealt under 'Panchakarma' and Bahya karmas

This course helps the Ayurveda doctors to specialized in Panchakarma and keraliya karma's where both practical and theoretical knowledge of around 50 treatments will be thought with the method of preparation its procedure, materials required for the procedure, preparation of the therapy room, and preparing the health seeker for the therapy pradhana karma paschat karma, precautions during the treatment and after the treatment, Mode of action of each therapy, Indications and contraindications etc.

Duration Of Course: 10 days (60 hrs)

Timings: 6 hours /day.

METHODOLOGY:

Course is divided into less of theoretical classes and more of practical demonstration along with interactive session. Practical training is given as hands on practice in therapy rooms and Ayurveda kitchen accorine to course format. Doctors are allowed to do every practical by themselves to learn better. Time given to the practical demonstration vary depending on number of candidates Procedure and their willingness to perform.

Practical classes are conducted with well trained Ayurveda therapists under observation of Expert

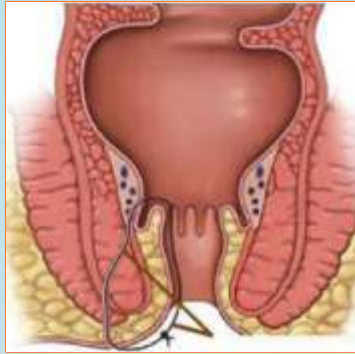
Who Can join? :

Internees & healthcare professionals of Ayurveda.

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COURSE 4 :

CERTIFICATE CLINICAL SKILLING COURSE FOR DOCTORS (CCSCD):- KSHARA SUTRA PRACTICUM COURSE:



Today Ayurvedic specialties have become a global health measurement. The Kshar Sutra application in Piles and Fistula is becoming very popular world over. This training programme will provide an opportunity to learn the ancient teaching of Ano rectal healing.

In this course, the preparation, procedure of Kshara sutra and skill of doing the procedure of kshara sutra will be dealt.

Knowledge of different surgical and para-surgical procedure followed In the treatment of varlous Ano-rectal cases will be given to the doctors.

Certificate will be issued by our organization by end of practicum.

Topics to be covered:

Applied Anatomy	Preparation of Kshara-Sutra
Differential Diagnosis	Application of Kshara-Sutra Complication & Management
Duration Of Course:	2 days (12 hrs.)
Timings:	6 hours /day.

Who Can Join? :

Internees & Healthcare professionals of Ayurveda.

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COURSE 5 :

GARBHA SAMSKARA COURSE FOR NEW PARENTS.



Ayurveda Garbhasamskara is educating the fetus in the womb. It is a complete guide for couples who are becoming "New parents It provides details about Ayurveda concepts and therapies that can help to both the mother and the baby remain healthy.

This will surely help them to give proper guidance regarding the physical, mental, emotional and spiritual care of the mother and the child in her womb. Objectives are to prepare candidates with update knowledge and skill in the field of Ayurveda. It will develop skills in brief regarding all the procedure in Garbhsamskar. The advantages of

Who Can Join?

Any Ayurveda Enthusiasts with minimal Degree.

For More Details, visit our website-www.healingearth.co.in

No informations without indications
No herbs without medicinal values
No person without qualities
Rare person finds qualities and make use of it
- Healing Earth



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